MARCH 2017 ACS Elementary Lunch Grade K-5 \$2.00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

Offered Daily: Cheese Pizza,

A La Carte

Peanut Butter & Jelly, Salad Plate, Yogurt Plate, Fresh Fruit in Season.

> *Milk is available with all full lunch purchases.

Milk\$.60
Cookies\$	
Ice Cream	3.75
Chips	.75

*Unless otherwise noted, all sandwiches are served on whole wheat bread (when available)

The 2010 Dietary **Guidelines For** Americans recommend that at least half of vour grains are whole For most people, that translates into at least



48 grams daily. USDA is an equal opportunity employer.

Fun Facts

The Irish flag is green, white and orange. Green symbolizes the people of the south, orange people of the north and white represents the peace that brings them together as a nation.

Legend says that each leaf of a four leaf clover has meaning; the first is for hope, the second for faith, the third for love and the fourth for luck.

DID YOU KNOW...

March was the first month of the year until the Gregorian calendar began to be used in 1752.

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Corn Doa

Boston Baked Beans

Tater Tots

Peach Cup

Fresh Fruit Bowl

Oven Baked Pork Chop w/ Warm Dinner Roll

Mashed Potato & Gravv Sweet Baby Peas Cinnamon Apples Fresh Fruit Bowl

Golden Grilled Cheese

Tomato Soup w/ Oyster Crackers Macaroni Salad 100% Fruit Juice Fresh Fruit Bowl

Crunchy Cheese Sticks

w/ Marinara Sauce

Fresh Veggies

w/ Hummus Dip

Strawberry Cup

Fresh Fruit Bowl

Buffalo Style Chicken Finger Sub

Shredded Lettuce & Sliced Tomato Rosy Pears Sauteed Spinach Fresh Fruit Bowl

Big Daddy

Pepperoni Pizza

Breakfast at Lunch Pepperoni Pizza Wheels

> French Toast Sticks w/ Warm Syrup & Sausage

> > Hash Browns **Orange Smiles** Fresh Fruit Bowl

Warm Ham & Cheese

on Pretzel Bun

w/ Sunchips

Homemade Chili w/ Beans

Cinnamon Apples

Fresh Fruit Bowl

Baked Spirals in Homemade Sauce w/ Meatballs

Tossed Green Salad w/ ChiChi Beans & Dressing 100% Fruit Juice Fresh Fruit Bowl

16 Chicken 'n Gravv w/ Mashed Potato & Gravy & Cinnamon Roll

> Glazed Carrot Coins 100% Fruit Juice Fresh Fruit Bowl

Happy St. Patrick's Day

Irish Potato Bar w/ Chili or Cheese Sauce

Fresh Veggie Toppers Fruited Jello w/ Topping Fresh Fruit Bowl

Shrimp Poppers

& Fries Boat

Creamy Coleslaw

Mandarin Oranges

Fresh Fruit Bowl

Steamed Broccoli Cuts **Pineapple Tidbits** Fresh Fruit Bowl

> 20 **Chicken Nuggets** w/ Dippin' Sauce

Steamed Broccoli Cuts Fruit Juicee Treat Fresh Fruit Bowl

& Macaroni & Cheese

Taco Tuesday w/ Meat & Cheese

Seasoned Green Beans

100% Fruit Juice

Fresh Fruit Bowl

Crispy Chicken Patty

on Wheat Bun

Shredded Lettuce

& Sliced Tomato **Baked Spiral Fries**

100% Fruit Juice

Fresh Fruit Bowl

Refried Beans Spanish Rice Fresh Fruit Bowl Pic-a-Pizza

Stuffed Crust

- 2. Mexican **Buffalo Chicken**

Golden Corn Kernels Strawberry Cup Fresh Fruit Bowl

Stuffed Shells in Homemade Sauce w/ Italian Bread

100% Fruit Juice Fresh Fruit Bowl

30

Jumbo Pretzel w/ Cheese Sauce

Fruit Assortment Fresh Fruit Bowl

27

Popcorn Chicken w/ Dippin' Sauce & Cinnamon Roll

Golden Corn Kernels **Diced Peaches** Fresh Fruit Bowl

Create Your Own Hot Dog on Bun

Boston Baked Beans 100% Fruit Juice Fresh Fruit Bowl

Tossed Green Salad w/ ChiChi Beans & Dressing Warm Apple Slices Fresh Fruit Bowl

Pizza Boat

Pepperoni Sub

Turkey ala King over Steamed Rice

Seasoned Green Beans 100% Fruit Juice Fresh Fruit Bowl

Steamed Broccoli Cuts

Shredded Lettuce & Diced Tomato 100% Fruit Juice

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Tossed Green Salad w/ ChiChi Beans & Dressing

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